



SUSHMITA WALVE

TEDx Speaker | Certified Counsellor |
Happiness & Growth Mentor

HAPPINESS EXPERT

Sushmita Walve is a TEDx speaker and a certified counsellor. With a passion for guiding young people, she has inspired thousands of people across India through her heartfelt storytelling, evidence-based counselling tools, and deep empathy. Her mission is simple yet powerful:
To help students find happiness, build resilience, and unlock their full potential.

Watch her TEDx Talk here:
<https://www.youtube.com/watch?v=fiBEA-teqVc>

Website: www.sushmitawalve.com
LinkedIn: <https://www.linkedin.com/in/sushmitawalve/>

“There are ways to choose happiness and to focus on the positive side of things even in our challenging world. S”
-Sushmita Walve



SIGNATURE SESSIONS

✓ Keynote Talk (45 minutes)

Resilience, Happiness, and Growth – A powerful talk that leaves everyone motivated, hopeful, and ready to face life with confidence

✓ Interactive Workshop (90 minutes)

Emotional Wellbeing & Student Leadership – A practical, engaging session that equips everyone with strategies to manage stress, improve mental health, and lead with positivity.

✓ Happiness Counselling (Custom)

Small group or one-on-one sessions designed to help open up, heal, and thrive.

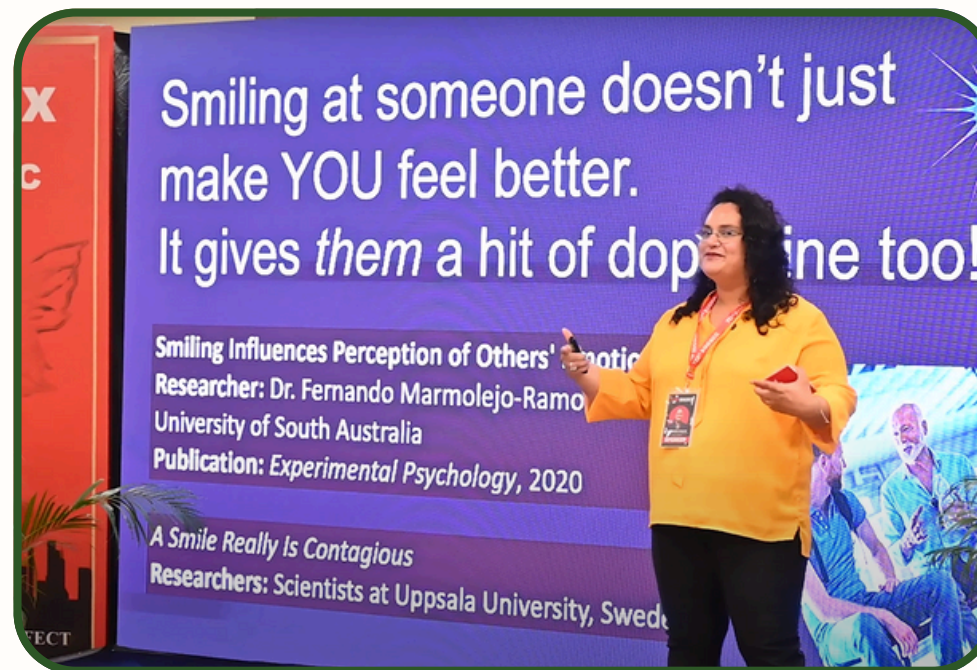




Guest Speaker

SUSHMITA WALVE

FEATURED IN 100+ NEWS
PUBLICATIONS



“TESTIMONIALS ★★★★★

DEVONTE STEWART

I'm very fortunate to have worked with Sushmita, an innovative mentor who goes out of her way to understand her client's needs while utilizing a wide range of techniques.

BRICE MICKEY

She was competitively selected to join our nationally recognized intergroup dialogue program that was the first of its kind in the country. It was there I saw her knack for communicating across difference, respect for those with other points of view, and ability to problem solve in a team. I still regularly interact with her to seek advice and speak about the issues of the day.

HOLLY S

I have laughed and cried throughout. Sue is amazing!

GET IN TOUCH



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HEADSPACE INSPECTION | CONTAINER CLOSURE INTEGRITY

